

# NAB AFL SUPERKICK PARENT HELPER ROLES



A fundamental part of NAB AFL Superkick is the involvement and support of Parents and Guardians.

This fact sheet provides an overview of the key elements and roles that Superkick Parent and Guardians may assist with to support their centre.

ROLE	SUPPORT AREA
<b>Activity Helper</b>	<ul style="list-style-type: none"><li>• The key focus of a helper in this role is to run activities and provide a positive experience for participants</li><li>• Activities are easy to follow and helpers can review Superkick activity cards for support</li><li>• No whistle or special skill sets needed</li><li>• Additional support and upskilling provided by Superkick Coordinator</li></ul>
<b>Match Play Field Umpire</b>	<ul style="list-style-type: none"><li>• Lead match play as the field umpire</li><li>• The role of the field umpire is to coach and guide participants as they learn how to play Australian Rules Football</li><li>• Rules can be flexible – encourage players to get rid of the ball, instead of calling ‘holding the ball’</li><li>• Take an education lens and provide positive reinforcement for mistakes</li><li>• Call out instructions as play continues – ‘pick the ball up, don’t kick off the ground’</li></ul>
<b>Match Play Goal Umpire</b>	<ul style="list-style-type: none"><li>• Assist the calling of scores by being the goal umpire</li><li>• Provide scoring signals for goals (six points), behinds (one point) and no scores</li><li>• No scores are to be kept in Superkick</li><li>• Help return the ball and position the defender to kick out after a behind</li></ul>
<b>Match Play Team Support</b>	<ul style="list-style-type: none"><li>• Support the team by assisting as an on-field coach</li><li>• Provide positive reinforcement and encouragement to players on field</li><li>• Change players in zones</li><li>• Ensure competitive balance</li><li>• Make sure every player is touching the football</li></ul>