

# NAB AFL SUPERKICK PROGRAM MODIFICATIONS



It is the role of the facilitator to support participation by identifying the needs of participants and adjust activities accordingly.

This fact sheet aims to support volunteers by providing a list of potential scenarios, paired with readymade solutions for implementation.

SCENARIO	SOLUTION
<b>Activities are too easy or too hard for my group</b>	<ul style="list-style-type: none"> <li>Utilise the change it up points within each activity card</li> </ul>
<b>I don't have enough girls for an all-girl group</b>	<ul style="list-style-type: none"> <li>Run combined activities, then separate an all-girl group for match play</li> <li>Split the match into two zones and have all girls in one zone</li> <li>Play 3v3, or 4v4 on a smaller field. You can incorporate a half court style if you feel this is the best option</li> </ul>
<b>Different group sizes</b>	<p><i>Too small - Example of 8 participants</i></p> <ul style="list-style-type: none"> <li>Modified the field to only 2 zones</li> <li>Play half court style (one big zone and one set of goals)</li> </ul> <p><i>Too large - Example group of 30 participants</i></p> <ul style="list-style-type: none"> <li>No group should be more than 18 players, as this negatively impacts experience, particularly for newer players</li> <li>Divide the group of 30, into smaller groups of 14 and 16 (even)</li> <li>Smaller group = more touches and higher engagement levels</li> </ul>
<b>I have a few individuals who vastly out experience others</b>	<ul style="list-style-type: none"> <li>Match like-for-like players for skill-based activities and play them against each other in matches, ensuring they are in the same zone</li> <li>Provide a challenge to participants, examples:                             <ul style="list-style-type: none"> <li>Use opposite foot/hands only</li> <li>How many other teammates can you involve?</li> </ul> </li> </ul>
<b>My group is very inexperienced</b>	<ul style="list-style-type: none"> <li>Allow more time for fundamental skill activities (Activators)</li> <li>Set skill-based homework</li> </ul>
<b>One team is dominating match play</b>	<ul style="list-style-type: none"> <li>If one team is dominating, don't be afraid to change up the teams</li> <li>Place experienced players together in a zone against each other</li> <li>Jump in and help the non-dominating team</li> </ul>
<b>Ages of participants varies</b>	<ul style="list-style-type: none"> <li>Divide your groups by ages i.e. 8-10, 11-12</li> <li>Group similar aged participants together in activities and zones</li> <li>Recruit parents to help with umpiring or monitoring a match</li> </ul>
<b>Field space is limited</b>	<ul style="list-style-type: none"> <li>Set up the field first with no zones, then set up the activities inside boundary lines</li> <li>Try group rotations through activities and match play</li> </ul>
<b>Behavioral challenges</b>	<ul style="list-style-type: none"> <li>Utilise players as helper i.e. show the kicking technique</li> <li>Encourage and support during activities - positive comments</li> <li>Talk to them to understand why they are misbehaving</li> <li>Speak to parents if required</li> </ul>